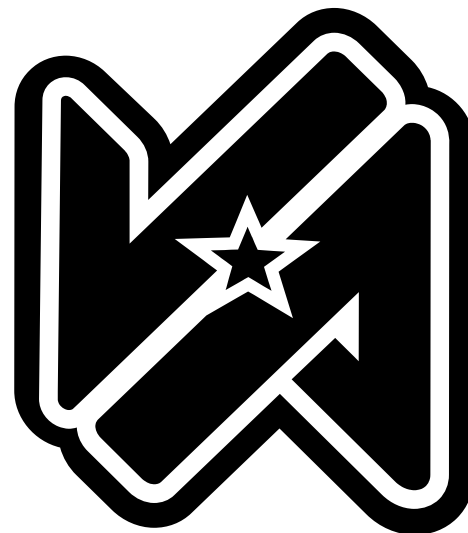


JAY PAGES JIU-JITSU ACADEMY SCHEDULE

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	MATA	MAT B	MAT C	MAT A	MAT B	MAT C	MAT A	MAT B	MAT C	MAT A	MAT B	MAT C	MAT A	MAT B	MAT C
06:00 AM	BJJ FUNDAMENTALS 6AM - 7:30AM GI	PRIVATES 6AM - 7:30AM	PRIVATES 6AM - 7:30AM	BJJ ALL LEVELS ADV. 6AM - 7:30AM NOGI	PRIVATES 6AM - 7:30AM	PRIVATES 6AM - 7:30AM	BJJ FUNDAMENTALS 6AM - 7:30AM GI	PRIVATES 6AM - 7:30AM	PRIVATES 6AM - 7:30AM	BJJ ALL LEVELS ADV. 6AM - 7:30AM NOGI	PRIVATES 6AM - 7:30AM	PRIVATES 6AM - 7:30AM	BJJ FUNDAMENTALS 6AM - 7:30AM GI	PRIVATES 6AM - 7:30AM	PRIVATES 6AM - 7:30AM
07:30 AM															
10:30 AM	BJJ FUNDAMENTALS 10:30AM - 12PM GI	PRIVATES 10:30AM - 12PM	PRIVATES 10:30AM - 12PM	BJJ ALL LEVELS ADV. 10:30AM - 12:00PM NOGI	PRIVATES 10:30AM - 12PM	PRIVATES 10:30AM - 12PM	BJJ FUNDAMENTALS 10:30AM - 12PM GI	PRIVATES 10:30AM - 12PM	PRIVATES 10:30AM - 12PM	BJJ ALL LEVELS ADV. 10:30AM - 12:00PM NOGI	PRIVATES 10:30AM - 12PM	PRIVATES 10:30AM - 12PM	BJJ FUNDAMENTALS 10:30AM - 12PM GI	PRIVATES 10:30AM - 12PM	PRIVATES 10:30AM - 12PM
12:00 PM															
04:00 PM	KIDS BJJ FUNDAMENTALS AGES 7 - 11 4PM - 5PM GI	BJJ ALL LEVELS DRILL TO WIN 4PM - 5PM GI	KIDS BJJ FUNDAMENTALS AGES 4 - 6 4PM - 4:45PM GI	KIDS BJJ ADVANCED AGES 4 - 11 4PM - 5PM GI	MOBILITY WITH MIKEY \$5.00 PER CLASS 4PM - 5PM	PRIVATES 4PM - 5PM	KIDS BJJ FUNDAMENTALS AGES 7 - 11 4PM - 5PM GI	BJJ ALL LEVELS DRILL TO WIN 4PM - 5PM GI	KIDS BJJ FUNDAMENTALS AGES 4 - 6 4PM - 4:45PM GI	KIDS BJJ ADVANCED AGES 4 - 11 4PM - 5PM NOGI	MOBILITY WITH MIKEY \$5.00 PER CLASS 4PM - 5PM	PRIVATES 4PM - 5PM	KIDS BJJ FUNDAMENTALS AGES 7 - 11 4PM - 5PM NOGI	BJJ ALL LEVELS DRILL TO WIN 4PM - 5PM GI	KIDS BJJ FUNDAMENTALS AGES 4 - 6 4PM - 4:45PM NOGI
05:00 PM	BJJ FUNDAMENTALS 5PM - 6PM GI		WOMEN'S ONLY 5PM - 6PM GI	SUB SQUAD TRAINING 5PM - 6:30PM NOGI - INVITE ONLY			BJJ FUNDAMENTALS 5PM - 6PM GI		WOMEN'S ONLY 5PM - 6PM GI	SUB SQUAD TRAINING 5PM - 6:30PM NOGI - INVITE ONLY			BJJ FUNDAMENTALS 5PM - 6PM GI		WOMEN'S ONLY 5PM - 6PM GI
06:00 PM	BJJ ADVANCED 6PM - 7:30PM GI	TEENS BJJ ADVANCED 6PM - 7:30PM GI		BJJ ADVANCED 6:30PM - 8PM NOGI	TEENS BJJ ADVANCED 6:30PM - 8PM NOGI		BJJ ADVANCED 6PM - 7:30PM GI	TEENS BJJ ADVANCED 6PM - 7:30PM GI		BJJ ADVANCED 6:30PM - 8PM NOGI	TEENS BJJ ADVANCED 6:30PM - 8PM NOGI		BJJ ADVANCED 6PM - 7:30PM GI	TEENS BJJ ADVANCED 6PM - 7:30PM GI	
07:30 PM															
08:30 PM	JUDO 7:30PM - 8:30PM GI			MUAYTHAI 8PM - 9PM			JUDO 7:30PM - 8:30PM GI			MUAYTHAI 8PM - 9PM					

	SATURDAY			SUNDAY		
	MATA	MAT B	MAT C	MAT A	MAT B	MAT C
10:00 AM	SUB SQUAD TRAINING 10AM - 11AM NOGI - INVITE ONLY	PRIVATES 10AM - 11AM	PRIVATES 10AM - 11AM	PRIVATES 10AM - 11AM	PRIVATES 10AM - 11AM	PRIVATES 10AM - 11AM
11:00 AM	KIDS COMP TRAINING AGES 4 - 11 11AM - 12PM GI	PRIVATES 11AM - 12PM	PRIVATES 11AM - 12PM	PRIVATES 11AM - 12PM	PRIVATES 11AM - 12PM	PRIVATES 11AM - 12PM
12:00 PM	OPEN MAT 12PM - 2PM GI	OPEN MAT 12PM - 2PM GI	PRIVATES 12PM - 2PM	OPEN MAT 12PM - 2PM GI	OPEN MAT 12PM - 2PM GI	KIDS COMP TRAINING AGES 4 - 11 1PM - 2PM GI
02:00 PM						



MATA		
MAT B	MAT C	LOBBY